

Joshua D. Sampson, M.D., CAQ

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Professional Experience:

Sports Medicine Physician; Crossover Health Facebook Health Clinic, May 2020-present

Sports Medicine Physician; Post Street Orthopaedics and Sports Medicine, August 2019-present

Fellow; University of Utah Primary Care Sports Medicine Fellowship; August 2018-July 2019

Resident; St. Joseph Mercy Livingston Family Medicine Residency; July 2015-June 2018

Orthopedic Sports Medicine Research Fellow; Stanford University School of Medicine; July 2014- June 2015

Preliminary General Surgery Resident; Wayne State University School of Medicine/Detroit Medical Center; July 2013-June 2014

Education:

Georgetown University School of Medicine; M.D., August 2009-May 2013

San Francisco State University; post-baccalaureate; January 2006-December 2008

University of California at Davis; Major: Economics; Minor: Sociology; B.A., August 2001-June 2005

Licenses/Organizations:

American Board of Family Medicine (ABFM)- Sports Medicine Certification- Jul 15, 2019 – present.

American Board of Family Medicine (ABFM)- Family Medicine Certification- Jul 01, 2018 – present.

California Medical License- 09/2014- present.

American Medical Society for Sports Medicine, member, 07/2016 – present.

MedComplex Owners Association Board of Directors- 2020/2021

Awards/Honors:

St. Joseph Mercy Family Medicine Residency Intern of the Year Award; 2015/2016

St. Joseph Mercy Family Medicine Residency Chief Resident; 2017/2018

Research:

Publications:

Sampson JD, Safran MR. Biomechanical Implications of Corrective Surgery for FAI - An Evidence-Based Review. *Sports Med Arthrosc.* 2015 Dec;23(4):169-73, *in press.*

Page 2

Abrams GD, Luria A, Sampson J, et al. Decreased Synovial Inflammation in Atraumatic Hip Microinstability Compared With Femoroacetabular Impingement. *Arthroscopy.* 2017 Mar;33(3):553-558, *in press.*

Matsuda D, Sampson JD, et al. Poorer Outcomes of Mild Dysplasia with Cam Femoroacetabular Impingement Versus Mixed Femoroacetabular Impingement in Absence of Capsular Repair. *Am J Orthop.* 2017 Jan/Feb;46(1):E47-E53, *in press.*

Vukelic B, Sampson JD, Savino A. What are the most effective treatments of plantar fasciitis? Evidence Based Practice. 2017 Oct; 20(10):E11 *in press.*

Burnam T, Sampson JD, et al. Systematic Review: PRP in the Treatment of Sacroiliac Joint Dysfunction. *In process.*

Book Chapters:

Safran MR, Sampson JD. Chapter 28B, Altered Hip Biomechanics and the Muscles: Introducing the Core: Demystifying the Body of an Athlete. Editors: William Meyers MD, Greg Horner MD, Michael Bradley MD, SLACK Incorporated, New Jersey, *in press.*

Sampson TG, Sampson JD. The Lateral Approach to Hip Arthroscopy, The Hip: AANA Advanced Arthroscopic Surgical Techniques. Editors: J.W. Thomas Byrd MD, Asheesh Bedi MD, and Allston J. Stubbs MD, SLACK Incorporated, New Jersey, *in press.*

Editorial Activities:

The Ochsner Journal- Sports Medicine Reviewer, March 2021-present

Presentations:

Presenter. AMSSM Annual Meeting. Ski clinic case presentation. Podium presentation. April 16, 2019.

Presenter. University of Utah Sports Medicine Conference. Biologics in the treatment of tendinopathy. February 19, 2019.

Presenter. University of Utah Sports Medicine Conference. Chronic dislocations. Lecture. December 20, 2018.

Presenter. University of Utah Sports Medicine Conference. Heat Illness - what the team doc needs to know. Lecture. August 13, 2018.

Coauthor/presenter: AAOS Annual Meeting. Outcomes of Arthroscopic Surgery for Dysplasia: A multicenter case control study. Poster presentation. March 24-28, 2015.

Presenter. The 2nd Annual George M. Kober Student Research Day. Case Report: Pigmented Villodnodular Synovitis associated with concurrent FAI. Poster presentation. April 28, 2013.

Experience:

Fellowship:

Team Physician University of Utah Rugby. 2019 season. Salt Lake City, UT.

Jazz NBA basketball covering physician. 2018/2019 season. Salt Lake City, UT.

Snowbird ski clinic covering physician. 2018/2019 season.

Page 3

University of Utah Football Team Physician. 2018 season. Sideline coverage against Northern Illinois, University of Oregon, University of Washington (Pac 12-championship). Salt Lake City, UT.

Olympic bobsled and luge youth series. December 14, 2018. Park City, UT.

Olympic short track speed skating. November 9, 2018. Salt Lake City, UT.

Co-medical director of the South Jordan Marathon. September 20, 2018. South Jordan, UT.

Team Physician University of Utah Hockey. 2018/2019 season. Salt Lake City, UT.

Team Physician Copper Hills High School. South Jordan, UT. 2018/2019 academic year.

Nitro World Games, Salt Lake City, UT. September 21, 2018.

Tour of Utah, Salt Lake City, UT. August 10, 2018.

Residency:

Team Physician Howell High School, Fowlerville High School, Brighton High School, Howell, Fowlerville, and Brighton, MI. 2015-2018.

- Football and wrestling. Pre participation sports physicals. Worked as team physician on sidelines of home games and handled all medical issues.

Medical School:

HOYA clinic, Washington DC. 2009-2010.

- Student-run free clinic, managed by medical students of the Georgetown University School of Medicine; caters to the health needs of D.C.'s homeless and uninsured.

MedLife, Tena, Ecuador. June 12-26, 2010.

- Medical/clinical experience working with local health professionals.
- Participated in medical clinics in local communities.

Pre-Medical:

Operation Rainbow, Orthopedic Medical Mission, Manta, Ecuador. March 12-20, 2009.

- Surgical/clinical experience from diagnosis to the operating room. Included hand surgery, pediatric surgery and general orthopedics.

International Service Learning, Medical Mission, San Jose, Costa Rica. January 5-13, 2008. ○

Medical/clinical experience, working with local health professionals.

○ Participated in medical clinics in local communities.