

# Ephraim Y. Dickinson, MD

2205 Post St., San Francisco, CA 94115

(415) 390-6511

urgentlyortho.com

## EDUCATION

**OrthoCarolina Sports Medicine and Shoulder Elbow Fellowship**, Charlotte, NC  
2015-2016

**San Francisco Orthopaedic Residency Program (St. Mary's Hospital)**, San Francisco, CA  
2010-2015

**Columbia University College of Physicians and Surgeons**, New York, NY  
Doctor of Medicine  
2006-2010

**Williams College**, Williamstown, MA  
Bachelor of Arts: Biology and Political Science  
Tyng Scholarship (Full scholarship for undergraduate and three years of graduate school)  
Williams Dean's List 2000-2004  
2000-2004

**University of Edinburgh**, Edinburgh, Scotland  
Honors Program in Politics  
2003

## EMPLOYMENT

**Urgently Ortho**, San Francisco, CA  
Orthopedic Surgeon, Founder – 2018-current

**Adventist Health Ukiah Valley**, Ukiah, CA  
Orthopedic Surgeon – 2018-current

**Tahoe Forest Hospital**, Truckee, CA  
Orthopedic Surgeon – 2016-2018

**Rockefeller University**, New York, NY  
Research Assistant, Laboratory of Lymphocyte Signaling – 2004-2006

**Synergy Inc.**, Washington, DC  
Research Analyst, Department of Business Development – 2003

**Genzyme Inc.**, Cambridge, MA  
Research Analyst, Drug Discovery Team – 2002

## CURRENT RESEARCH PROJECTS

**Dickinson E, Melillo S:** *Variation in the Configuration of the Human Shoulder Girdle through 3D CT Reconstructions.* (Data collection stage)

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**Dickinson E**, Fleischli J: *All-Suture Anchor Ultimate Failure Strength in a Decorticated Greater Tuberosity Model*. (Manuscript Preparation)

**Dickinson E**, Fleischli J: *Suture-Based Anchors: Cyclic Load Testing and Ultimate Failure Strength*. (Manuscript Preparation)

**Dickinson E**, Rodriguez JP, Brooks A: *Mixed Martial Arts Research and Injury Surveillance for Kids (MMA-RISK)*. (Submitted for OREF Prospective Clinical Research Grant)

Rodriguez JP, **Dickinson E**: *Biomechanical Analysis of New, All-Suture "High Density" Anchor Configuration Compared to Traditional, Screw-in "Low Density" Anchor Configurations*. (Manuscript Submitted Arthroscopy 2016)

**Dickinson E**, Rodriguez JP: *Optimal Inter-Anchor Distance for All-Suture Anchor Placement in a Glenoid Model*. (Abstract accepted 2016 AOSSM)

**Dickinson E**, Bini S: *Effect of Unicompartamental Knee Arthroplasty on the Expression of Inflammatory Markers in Osteoarthritis*. Multi-institutional prospective study, proposal awarded OREF resident research grant 2013. (Data collection stage)

## **PUBLICATIONS AND GRANTS**

### **Orthopaedic Research and Education Foundation (OREF)**

Resident Research Project Grant, 2013

*Effect of Unicompartamental Knee Arthroplasty on Expression of Inflammatory Markers in Osteoarthritis*

McGahan P, Patel H, **Dickinson E**, et al. *The Effect of Biceps Adhesions on Glenohumeral Range of Motion: A Cadaveric Study*. Journal of Shoulder and Elbow Surgery. 2013; 22, 658-665.

Su I, Dobenecker M, **Dickinson E**, et al. *Polycomb Group Protein Ezh2 Controls Actin Polymerization and Cell Signaling*. Cell. 2005;121(3): 425-436.

## **PRESENTATIONS AND ABSTRACTS**

Rodriguez, JP, **Dickinson E**: *Biomechanical Comparison Of Placement Density With An All Suture And Traditional Anchors*. Accepted for podium presentation at Western Orthopaedic Association Annual Meeting 2015

Rodriguez JP, **Dickinson E**, Brooks A: *Orthopaedic Injuries in Mixed Martial Arts*. Poster Presentation at Western Orthopaedic Association Annual Meeting, 2014

**Dickinson E**, Camisa W: *Cadaveric Study Of The Effect Of In-situ Biceps Tenodesis On Glenohumeral Range Of Motion*. Poster #P308 AAOS 2014.

**Dickinson E**, Yao CA, Downey PS, Goldstein MJ, LaPointe Rudow D, Samstein B, Emond JC and Brown RS: *Who Will Be My Liver Donor? Correlation Between Donor Relation and Recipient Disease in Living-Donor Liver Transplantation (LDLT)*. Poster presentation for the 60th Annual Conference for the American Association for the Study of Liver Diseases, October 2009.

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Yao CA, **Dickinson E**, Downey PS, Goldstein MJ, LaPointe Rudow D, Samstein B, Emond JC and Brown RS: *Predictors of Long-Term Donor Follow-Up in Living Donor Liver Transplantation*. Poster presentation for the 60th Annual Conference for the American Association for the Study of Liver Diseases, October 2009.

Downey PS, Yao CA, **Dickinson E**, Goldstein MJ, LaPointe Rudow D, Samstein B, Emond JC and Brown RS: *Predictors of Donor Complications in Living Donor Liver Transplantation (LDLT): A Single Center's Ten-Year Experience*. Poster presentation for the 60th Annual Conference for the American Association for the Study of Liver Diseases, October 2009.

## **INTERNATIONAL HEALTH ENDEAVORS**

### **Health Volunteers Overseas, Moshi, Tanzania**

Resident Volunteer – *October 2014*

- Orthopaedic mission focused on trauma surgery and resident education

### **University Hospital of Heraklion, Crete, Greece**

Medical Student Rotation – *2010*

- Worked in the Internal Medicine and Orthopaedic Trauma departments

### **Groote Schuur Hospital, Cape Town, South Africa**

Medical Student Rotation – *2009*

- Rotated within the Pediatric HIV Acute Care Service
- Established satellite clinic support in Khayelitsha township

### **Himalayan Health Exchange, Himachal Pradesh, India**

Medical Student Volunteer – *2007*

- Volunteered in a mobile medical clinic for underserved populations in the northern Himalayas

### **Shanghai University School of Traditional Chinese Medicine, Shanghai, China**

Acupuncture Student – *2007*

- Studied acupuncture and Traditional Chinese Medicine

## **LEADERSHIP EXPERIENCE**

### **Williams Alumni Outreach**

Alumni Coordinator – *2011-present*

- Mentoring students considering careers in medicine

### **Highland Emergency International**

Resident Volunteer – *2011-2015*

- Organizing international medical outreach missions

### **Columbia University Department of Surgery**

Laparoscopy and Suture Instructor – *2009-2010*

- Trained 2<sup>nd</sup> year students in suture and knot tying techniques

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## **Columbia Senior Student Advising & Teaching Program**

Senior Advisor – 2009

- Instructed 1<sup>st</sup> year medical students in physical exam techniques

## **Columbia Integrated Complementary & Alternative Medicine (ICAM)**

Chair – 2008-2010

- Founded student interest group on traditional and integrative medicine

## **Columbia Physicians and Surgeons Student Council**

Financial Aid Representative – 2008-2010

- Restructured financial aid for students, organized donor scholarships

## **Columbia Student Medical Outreach (CoSMO)**

Senior Clinician – 2009

- Mentored Junior Clinicians, taught basics of history and physical exams

## **Columbia Student Success Network**

Anatomy Instructor – 2008

- Taught anatomy to 1<sup>st</sup> year medical students in cadaver lab for practical exams

## **Williams Alpine Ski Instructor**

Senior Instructor Jiminy Peak Resort – 2001-2004